

**SUNDAY
MARCH 10
2019**

**10:30 AM
1:30 PM**

**AGES (GRAD YEAR):
2019-2021**

PRICE: \$100

**LOCATION:
SUNY
CORTLAND**



CORTLAND ST.

PROSPECT DAY

- 10:30-10:45AM - REGISTRATION**
- 10:45-11:00AM - WARMUP**
- 11:00-11:30AM - POSITIONAL DRILLS**
- 11:30-12:00PM - TRANSITION DRILLS**
- 12:00-12:20PM - SHORT BREAK**
- 12:30-1:30PM - SCRIMMAGE**
- 1:30PM - WRAP UP AND DISMISSAL**

**FOR REGISTRATION
OR MORE
INFORMATION,
VISIT** 

**HTTP://
WWW.REDDRAGONLAX
CAMPS.COM/CONTENT/
PROSPECT-DAY**