



NEWS FROM SPORTSFIVE

Friday - Double Sessions Again

(July 25, 2008) - There were a number of amazing games played on Friday.

Long Island defeated both Central and Adirondack to remain undefeated at 4-0. Hudson Valley came back with an amazing fourth quarter to defeat Western and set themselves up for a chance to face Long Island again in the Gold Medal game. NYC got their first win of the tournament against Adirondack.

In the third round of games, Hudson Valley defeated NYC 12-5, Western defeated Central 6-5 and Long Island defeated Adirondack 11-2.

In the first game of the second day of competition Hudson Valley defeated NYC 12-5. Valley controlled the ball for most of the game. Joe Marasco scored the first goal with a straight drive from the clear. He ended the game leading all scorers with 4g-1a. A majority of the Valley goals came from straight drives to the goal with one-on-one dodges against defensive players. NYC's first goal came 0:04 after the expiration of a Valley penalty when Forest Sonnenfeldt dodged three men to put the ball in the back of the net. Sonnenfeld finished the game with two goals. [Click here for the story.](#)



In one of the best games of the tournament, Western and Central played an exciting game with two equally matched teams. Both teams were in excellent form and demonstrated a high level of lacrosse skill and team strategy. Western relied heavily on their attack, as they have over the last few years. All of their points (6 goals and 3 assists) came from five attackman. Drew Coholan and Matthew Springer demonstrated dominance, and each scored two goals. Jeff Tundo added the last two, while Nick Scalzo and Matt Tobia added the assists. On the other hand, Central looked to five different players to score their five goals and looked to their midfield for their strength. Only one Central goal came from the attack, and that goal was scored in fast break. [Click here for the story.](#)



Long Island dominated Adirondack in their first game of the day with an 11-2 win. The Island topped most aspects of play and showcased their high caliber of athletes and overall skill level. Ten of Long Island's goals were scored by attackman. Thomas Schreiber, a midfielder, was the lone exception as he scored in the first quarter with an outside shot that found itself between the pipes. [Click here for the story.](#)

In the fourth round of games, Hudson Valley defeated Western 10-8, New York City defeated

Adirondack 8-5 and Long Island defeated Central 7-6.

Hudson Valley used a four goal run in the fourth quarter to defeat Western 10-8. Hudson Valley is 3-1 and Western is 2-2 moving into the last day of round-robin competition. Western started with the first three goals of the game with Adam Trombley feeding the ball from behind the cage to Drew Coholan cutting at GLE. Nick Scalzo scored the next two goals for Western. Scalzo's first goal was on a feed from Jeff Tundo from the top to left side GLE and the second was a one-on-one dodge from the left. Western led 3-0 until 2:52 remaining in the first quarter when Valley scored their first goal. Connor Brown scored on a slow break and found his way to the crease. Scalzo then tried his hand at feeding as he hit Trombley on the crease for the fourth Western goal. The final goal of the quarter was scored by Valley. Joe Marasco attempted to drive from behind the cage, but is turned back repeatedly by Clay Del Prince; however, Marasco stepped back (as if to try and drive again) but instead with his open space hit a cutting Shawn Honovich. The first quarter ended 4-2. [Click here for the story.](#)

New York City defeated Adirondack 8-5 in a close back and forth game. NYC used a five-goal streak spanning the last three quarters to win the game. NYC kept ADK scoreless for about 15 minutes from 1:33 in the 2nd until 6:13 in 4th. The NYC win came on the shoulders of Forest Sonnenfeldt, who scored five goals. Andrew Fiore added 1g-2a to NYC. For ADK, Rory Nunamacher had 2 goals and Andrew Vivian had 2 assists led their charge. The game was NYC's first win of the tournament. [Click here for the story.](#)



This year has been a year of great competition and great lacrosse games. In a long-expected match-up, Long Island beat

Central 7-6 and remained 4-0 with NYC tomorrow. Having defeated Western by two goals and Hudson Valley by one goal, The Island added their fourth by defeating Central by one goal. Each of their opponents battled hard to defeat the perennial favorite and three time defending champion, but none could overcome Long Island's drive to win. Long Island's Connor English scored by driving straight towards the goal with 7:46 remaining in the first. The general style of play was slow and methodical for both teams. [Click here for the story.](#)

Looking ahead to the Medal games:



Long Island is guaranteed a spot in the Gold Medal game. Both New York City and Adirondack have been eliminated from the medal competitions. The results of the Hudson Valley v. Central game at 7:00 tomorrow will decide which of three remaining teams plays in the Gold Medal game and which two will face in the Bronze Medal game.

If Hudson Valley defeats Central they will move on to face Long Island in the Gold Medal game. If Central defeats Hudson Valley, there will be a three-way tie between Central, Hudson Valley and Western. The first tie breaker is goals against. Hudson Valley will be eliminated from the Gold Medal game because they already have five more goals against than Central. Central will get the nod for the Gold Medal game if they hold Hudson Valley to less than 13 goals (plus the number of goals ADK scores against Western in the 3:00 game). Central has allowed an

average of 5.0 goals against per game in the first four games and Hudson Valley has scored an average of 10.0 goals per game in the first four games.

The [opening day article](#) is also available. For an overview of [Thursday's contests](#) click here.