

December 2018

Dear Lacrosse Coaches & Staff:

We are proud to invite you and your staff to attend this year's Upstate Lacrosse Coaches Clinic sponsored by Graph-Tex. The clinic will be held in the Fairport High School Gymnasium on Sunday, January 27, 2019. Each coach will receive a T-shirt from Graph-Tex if you pre-register by January 18, 2019. This year's clinic will be a hands-on affair and will feature an excellent cast of successful college coaches as clinicians. All coaches attending should register at the link below. If coming as a staff you can pay with a check on the day of the clinic. (Checks payable to Upstate Coaches Clinic)

When: Sunday January 27th

Where: Fairport High School (1 Dave Paddock Way, Fairport NY 14450) – Park in back and enter in Events Entrance.

Audience: All Men's Lacrosse Coaches

Cost: Make Check payable to: Upstate Coaches Clinic

\$30 – 1 Coach - \$50 – 2 Coaches - \$70 – 3 Coaches - \$100 – 4 or more coaches

Send to:

Mike Torrelli

Fairport High School

1 Dave Paddock Way

Fairport NY 14450

Registration: Please register at the link below so I have an idea of numbers – This helps in printing Clinic Notes and planning for Coffee/Donuts/Pizza and T-Shirts. You can send your check to above address OR cash/check at the door (but again, please pre-register to get your FREE T-shirt by January 18, 2019)

LINK: <https://goo.gl/forms/tq8nLrwB8XFPjo5f2>

The itinerary will be as follows:

8:30 – 8:55 Registration/Check in – Enjoy Complimentary - Coffee, Water, Donuts & Breakfast Pizza

8:55 – 9:00 Intro and welcome – Mike Torrelli

9:00 – 9:35 Speaker 1 – Zone Offense – Dave Dobbins – St. John Fisher

9:40 – 10:15 Speaker 2 – Ride/Clear – Jake Coon – RIT

10:15 – 10:30 Break - Coffee, Water, Donuts & Breakfast Pizza

10:30 – 11:05 Speaker 3 – Zone Defense – Nick Fiorentino – Geneseo

11:10 – 11:45 Speaker 4 – Face-off – Drew Simoneau – Dallas Rattlers/ Nazareth College

11:45 – 12:00 Q & A – with our Speakers

Hope to see you there!

Mike Torrelli

Fairport Head Boys Lacrosse Coach